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Primary Research Interest:	Internal Medicine
Description of Research:	I am currently involved in clinical research investigating reduction of cardiovascular events through risk factor modification. We have been involved in large-scale national and international trials including ALLHAT (hypertension), ACCORD (diabetes and lipids), Navigator (diabetes prevention) and TIDE (diabetes). We are currently involved in the following trials: 1. Cardiovascular and cerebrovascular event reduction in older patients using intensive vs standard blood pressure control (SPRINT); 2. Microvascular and macrovascular event reduction in T2 diabetics following intensive vs standard diabetes, lipid and blood pressure control (ACCORDION); 3. Cardiovascular event reduction in T2 Diabetics using sitagliptin (TECOS) and 4. Cardiovascular and cerebrovascular event reduction in older patients with aspirin therapy (ASPREE).
Relevance to VA:	Cardiovascular disease, hypertension, diabetes and hyperlipidemia are common conditions seen in the veteran population and most veterans will suffer from more than one condition. The long-term prevention of cardiovascular disease is particularly important in this population. Clinical trials are needed to establish goals and effective treatments.